



# ALANO CLUB

## OF THE NORTHSHORE

### Summer 2014 Newsletter

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*I would like to take this opportunity to welcome you to the club's revitalized newsletter!*

*My name is Tom and I am an alcoholic. I am presently serving as the President/Interim Manager of the club. From June through July we have been a busy crew- painting walls, installing new carpets, repainting ceiling tiles and replacing lights, cleaning the kitchen, pantry and freezers.*

*However there is still more to do!! We could really use your help and as an extra bonus you will earn your spiritual air miles!!!*

**IT HAS BEEN AWHILE!!!**

**AA DANCE!!**

**September 13, 2014**

**North Shore Alano Club**

**Meeting at 7:30 PM**

**Dance 9:00 pm to 1:00 am**

**Tickets: \$7.00/\$10.00 at the door**

**Members \$7.00**

**ALANO CLUB OF  
THE NORTH SHORE  
Annual General Meeting**

**September 14, 2014**


**1:00 pm Big Hall**

**Only members can speak and  
vote!**

# ALANO CLUB OF THE NORTH SHORE

## “WEEK AT A GLANCE”

### \* Alcoholics Anonymous Meetings

Sunday	Monday	Tuesday	Wednesday
<p>*10:00 am Breakfast</p> <p>*11:00 am Breakfast Meeting</p> <p>*7:00 pm Archway to Freedom</p>	<p>*8:00 am Early Bird</p> <p>*12:00 Noon Nooners</p> <p>*7:00 pm Step Group (closed)</p> <p>7:00 pm Sex Anon.</p> <p>7:30 pm Anorexic/Bulimic</p> <p>*8:30 pm Free Speech</p>	<p>*8:00 am Early Bird</p> <p>*12:00 Noon Nooners</p> <p>7:30 pm Nar anon</p> <p>7:30 pm North Shore Narcotics Anonymous</p>	<p>*8:00 am Early Bird</p> <p>11:30 am Debtors Anonymous</p> <p>*12:00 Noon Nooners</p> <p>6:15 pm Narcotics Anonymous Happy Hour</p> <p>*7:30 pm Over the Hump</p>
Thursday	Friday	Saturday	
<p>8:00 am Early Bird</p> <p>12:00 Noon Nooners</p> <p>7:00 pm AA Women's Big Book</p> <p>7:30 pm Overeater's Anonymous</p>	<p>8:00 am Early Bird</p> <p>12:00 Noon Nooners</p> <p>7:00 pm NA Farsi Group</p> <p>7:30 pm Cocaine Anonymous</p> <p>8:30 pm A New Hope</p>	<p>9:00 am Canada AM</p> <p>12:00 Noon Nooners</p> <p>**7:30 pm AA North Shore Live</p> <p><i>(**Dinner at 6:30 pm, the last Friday of the month)</i></p>	

## **Where do we go from here?**

The Board has been considering ideas and we welcome any suggestions from the membership to move the club forward. First off we are looking at bringing back the 3 membership/ Board meetings, hopefully the third weekend in January, April, and July. The last Saturday of the month, North Shore Live will be having a dinner meeting in the cafeteria, prior to the meeting.

## **Other ideas include:**

- A flea market at the club in September
- An Arts and Crafts Fair in November.
- A dinner, meeting and a dance on Wednesday Dec 31<sup>st</sup> - the details still to come.
- A Golf tournament in the spring/summer of 2015
- Possibly opening the cafeteria for light meals at night, from 5 pm or 6 pm until 10 pm.
- A group is considering an afternoon meeting Monday to Friday from? To ?  
What is the best time - let us know!

## **The Power of One:**

The month of June was a success in membership as we increased from 23 to 38. We are presently at 42. Can you imagine, if each member had one person register as a member - our membership would be in the 80's! It has been a while since that's happened! So let's challenge ourselves to sign up that new member.

**Please call Tom T., if you have a few hours to contribute at the club.  
If you have ideas for meetings, events or activities please let us know!**



**Thank you to all our volunteers!  
Many "Spiritual Air Miles" have been earned!!**

## ODDS, SODS AND KUDOS!



Come and play **ping-pong** on Sunday morning from 9:15 am to 10:45 am! Let us know of other games you would like to see - such as crib, bridge, chess etc.



### Flea Market

**Saturday, September 20, 2014**

From: 11:00 am to 3:00 pm

Set-up 10:00 to 11:00 am

\$25.00 per table

Please call the club at 604-987-4141

While the Alano Club is not affiliated with any 12 step program thru co-operation here is an upcoming event:



### District 18 Event:

**AA BBQ August 17, 2014**

From 11:00 AM on  
at John Lawson Park.

\$5 for single or \$10 per family

Many Thanks to the "**Toskan Casale Foundation**" for their generous donation of \$5000 for the Alano Club. A big thank you to Argyle Secondary students **Leah Cooke** and **Riley Kirby**, who raised the money through the foundation's **Youth and Philanthropy Initiative (YIP)**.



**Love the club  
and coming to meetings?**

**Help us to preserve our lease by respecting the smoking restrictions:** Smoking is not permitted on the south side of the building, including the underground parking and the small area west of the parking.

The permitted location is on St George's Street, the east side of the building. Please use the garbage cans and ashtrays provided.